
ASD and Enabling Eating Parent Information Session

An information session is now planned for parents/carers about ASD and Restricted Eating.

These sessions are available to:

- Parents/carers of pre-school children (0-5years)
- Parents/carers of school aged children currently attending City of Edinburgh mainstream schools

Encouraging Restricted Eaters

Practical ideas to help increase your child's diet and reasons why children might find new foods challenging or restrict foods they previously enjoyed.

- How to get the best out of the food you offer at meal times
- How to introduce new foods into your child's world and what new foods are they most likely to eat?
- How to separate medicine from food
- How to keep the foods your child already eats from being cut from their diet

The session will take place on Wednesday 26th May 2021 10.00- 12.00 on Microsoft Teams.

Booking contact:

Phone: 0131 469 2850

Email: autisminfo@ea.edin.sch.uk

You will be asked to provide an email address and will be sent an email invitation to join the session via Microsoft Teams.

Please note that these sessions are open to parents/carers only.